


Monday	Tuesday	Wednesday	Thursday
<b>CLOSED</b> 1 	2	<b>LIFE LONG LEARNING</b> 3 Vincent Van Gogh Presented By: Janet Mandel 1:00pm JCC Members- Free; Guests- \$15	<b>A Rainbow Connection</b> 4 Performer: Lydia Rainbow 1:00pm
<b>The Art of Storytelling</b> 8 Presented by: Jean Alter 1:00pm	Debunking Aging Myths 1:30-2:30pm	<b>LIFE LONG LEARNING</b> 10 "Postwar Stories" Presented By: Rachel Gordon 1:00pm Free & Open to the Community	<b>For the Love of Music</b> 11 Performer: Flip Peters 1:00pm
<b>Jazz Beats &amp; Vocals</b> 15 Performer: Cecilia 1:00pm	Ear to Brain Connection 1:30-2:30pm	<b>LIFE LONG LEARNING</b> 7 Living Your Best Life Presented By: Cooperman Barnabas 1:00pm Free & Open to the Community	<b>Strings &amp; Vocals</b> 18 Performer: Efrat 1:00pm
<b>NO PROGRAM</b> 22 Offices Close Early!	<b>CLOSED</b> 23 <i>. HAPPY .</i> <i>Rosh Hashanah</i>	<b>CLOSED</b> 24	<b>Piano Favorites</b> 25 Performer: Dave Elgart 1:00pm
<b>The Garment District</b> 29 Presented by: Robbie Amodeo 1:00pm	30		

**GROTTA FUND**  
For Older Adults  
Jewish Community Foundation  
of Greater MetroWest NJ

**ALL EVENTS ARE FREE FOR JCC  
FITNESS AND SOCIAL MEMBERS.  
PLEASE JOIN US TODAY!**

**Questions/Concerns**

Please contact the Director of Adult  
Enrichment, Gina Goldman.  
(PH) 973.530.3448  
(Email) ggoldman@jccmetrowest.org

**\*\*SENIOR FITNESS CLASSES\*\***

Senior Fitness with Jackie:  
Thursday 11:00am-11:45pm  
Tai Chi with Billy:  
Wednesday 11:30am-12:30pm  
Friday 11:25am-12:25pm

*Lectures and entertainment are generously sponsored by the family of William Margulies, the Hirschhorn Foundation, and The Grotta Foundation*