Café at the J

Breakfast

(All eggs served with toast)

Scrambled eggs	$3.50
Egg whites	$4.50
Veggie omelet	$6.50
Black bean omelet	$6.50
Bagel with cream cheese	$2.50
Bagel with butter	$1.50
Bagel with butter & jelly	$1.75
Oatmeal – w/cinnamon, raisins	$3.00
Muffins	$2.00
Assorted yogurts	$2.00
Cottage cheese	$1.49
Seasonal fruit cup	$2.50
Piece of fruit	$1.00
Cereal	$2.00
Large cookie	$2.00
Soft pretzel	$2.00

Sandwiches

Egg salad	$6.95
Tuna salad	$7.50
Light tuna salad	$7.50
Chicken salad	$7.75
Chicken salad w/cranberries, apples	$7.75
Turkey breast	$8.75
BBQ turkey burger	$5.50
Veggie burger	$5.50
Grilled chicken	$6.95
Chicken cutlet	$8.75
Falafel w/hummus, israeli salad, shredded lettuce	$5.95

On the Light Side

Soup and half sandwich (2 meats $1.00 extra)	$7.95
Soup and small salad	$6.95
Kale Salad w/ cranberries, sunflower seeds, red pepper, olive oil, lemon	$4.00
Chopped Salad	$4.00
Chopped Salad w/grilled chicken, tuna, chicken salad/egg salad	$5.95
Light Sandwich	$5.00

Protein Shakes

$5.00

Melissa:
Dry oats, raisins, bananas, cinnamon, whey protein, rice milk, ice

Jose:
Peanut butter, bananas, whey protein, rice milk, ice

Sharon:
Blueberries, strawberries, bananas, whey protein, flax seed, rice milk

Mango Madness:
Mango, whey protein, rice milk

Strawberry/Banana

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760 Northfield Ave
West Orange, NJ 07052
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Appetizers

Potato or Spinach knish w/pickle & cole slaw	$4.25
Celery and carrots w/hummus	$2.99
Empanadas: Chicken or Beef	$2.95

Soup

Soup of the day (different every day)
Matzo Ball & Noodle (every day)

Single	$4.00
Quart Broth	$6.50
Quart	$7.50
Chili	$4.99

Kids' Meals

Each meal includes juice box & kids snack
$6.00

Hot Dog
Chicken Fingers (3 pieces)
Macaroni & Cheese

Sides

Israeli Salad	$8.99 LB
Black Bean Salad	$8.99 LB
Grilled Veggies	$8.99 LB
Cucumber Salad	$6.99 LB
Pesto Pasta	$7.99 LB
Couscous w/ roasted peppers	$6.99 LB
Mushroom Barley	$8.99 LB

Drinks

Coffee	$1.50	SMALL
	$1.85	LARGE
Ice Coffee	$1.85	
Hot Chocolate	$1.50	SMALL
	$1.85	LARGE
Water	$.75	SMALL
	$1.25	MEDIUM
	$2.00	LARGE
Vitamin Water	$2.00	
Snapple	$2.00	
Dr. Brown's Soda	$1.50	
Can Soda	$1.50	
Juices	$2.00	
Chocolate Milk	$1.25	SMALL
	$2.50	LARGE
Small Yogurt Smoothie	$1.00	

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