

# 1/2-GYM OPEN GYM SCHEDULE

## SUNDAY

7:00am–5:00pm

## MONDAY

5:30am–3:00pm / 5:30pm–7:00pm / 9:00–10:00pm

## TUESDAY

5:30am–3:00pm / 8:00–10:00pm

## WEDNESDAY

5:30am–10:00am / 12:00–3:00pm / 9:00–10:00pm

## THURSDAY

5:30am–3:00pm / 6:00–10:00pm

## FRIDAY

5:30am–4:00pm

## SATURDAY

7:00am–6:00pm



**MetroWest**

Leon & Toby Cooperman JCC  
760 Northfield Avenue  
West Orange, NJ 07052  
[www.jccmetrowest.org](http://www.jccmetrowest.org)

JCC MetroWest is a beneficiary agency of Jewish Federation of Greater MetroWest NJ.  
We strive to ensure access and meaningful participation by all members of the community.