

# AQUATIC FAQ

Recently the JCC announced a number of programmatic and facility changes to our aquatics department. The intent is to solely improve access to programming by a wide variety of swimmers who rely on the JCC for their exercise, swim lessons, and relaxation.

The JCC Aquatics department leadership believes we can all co-exist with a little bit of flexibility and improve the experience for all. There have been many questions, comments and suggestions and we are very appreciative and interested in the thoughts of our members. We have listened. Here is a summary of frequently asked questions and our responses.

## **How are the pools changing?**

Beginning on June 25th, we are adjusting the use of the JCC pools. The Heyman Pool will become our warmer, teaching pool, this will also be used for water walking, group exercise classes, general swim and lap swimming. The Messing Pool will become the cooler temperature pool as it will primarily be used for lap swim, masters, swim team, scuba, lifeguard training and high level Learn-to-Swim classes.

## **Why are the pool programming and schedules changing?**

We are always looking for ways to better serve our community in our pools. As a result of waiting lists for several of our programs, our pool programs and schedules have been adjusted to better meet the needs of our members and participants. In simple terms; we are trying to provide access to our pools to as many people as possible in a safe and convenient manner.

## **Are these changes permanent for just for the summer?**

We hope it will be a permanent change, however, we know that our programs and schedules are a work in progress. As we transition to the new model we may continue to make some programmatic changes and improvements based on the observation of our programming and feedback from you, our members.

## **Will there still be lap swimming in the Heyman Pool?**

Yes, there will still be lanes available in Heyman Pool in the mornings and throughout the week. Check our updated schedules for exact lap swim hours.

## **Will I still be able to do flip turns in the Messing Pool?**

Yes, there is plenty of depth to flip turn in the Messing Pool.

## **What are the depths of each pool?**

The Messing Pool is three feet deep on the shallow end and nine feet deep on the deep end. The Heyman Pool is four feet deep on both ends and four and half feet deep in the middle.

## **Will the pace clock be moved?**

Yes, the pace clock will be moved to the Messing Pool.

## **How can I rest while swimming laps in the deep end of the Messing Pool?**

If you need a breather while swimming laps in the deep end of the Messing Pool, you can either hold on to the wall or the lane line for short periods of time.

## **Will the lane widths be different?**

The Heyman Pool lanes will not change and continue to be 88 inches wide. The Messing Pool lanes are currently 90 inches wide for the outside lanes and 84 inches on the inside lanes. After June 25th, the Messing Pool will be 3 lanes wide when needed, with a width of 113 inches for the end lanes and 132 inches wide in the middle lane.

## **How are the temperatures of the pools changing?**

The Heyman Pool is currently 81-83 degrees and will be 84 degrees after June 25th. The Messing Pool is currently 84-86 degrees and will be 81-83 degrees after June 25th.

## **How will this impact the Aquatic Group Exercise Classes?**

The impact for these classes will be minimal. Most of the classes will be taught in the Heyman Pool although there may be some classes that require deeper or cooler water which will be scheduled in the Messing Pool.

## **How will this impact swim lessons?**

Currently swim lessons do not have adequate space in the Messing Pool. Moving swim lessons to the Heyman Pool will allow us more teaching space and the opportunity to offer more classes.

## **How do I provide feedback?**

Easy, to provide feedback please email [swimmingsuggestions@jccmetrowest.org](mailto:swimmingsuggestions@jccmetrowest.org) or call [Kathy Torre at x 3522](tel:3522) or [Lisa Kazman at x 3929](tel:3929)